

Columbia/Boone County Community Health Improvement Plan

Annual Report
September 2021



Table of Contents

Introduction

Process

Action Team Members

Mental Health

Medical/Dental

Safe, Healthy and Affordable Housing

Basic Needs



BOONE COUNTY

*A caring and inclusive community where everyone can
achieve their optimum well-being.*



Introduction

A Community Health Improvement Plan (CHIP) intends to serve as a process to meet the vision for the health of the community and as a framework for organizations to use in leveraging resources, engaging partners, and identifying their own priorities and strategies for community health improvement. In the months that followed the publishing of the 2019 Community Health Improvement Plan in July 2019, our community partners worked toward meeting the goals and objectives set out in their respective action plans.

Due to the COVID-19 pandemic, the 2020 CHIP Annual Report was not published and action teams did not meet between March 2020 and June 2021. This document serves to update our partners and the community on progress made over the past two years by sharing the successes and challenges of implementing the CHIP from March 2020 to September 2021.

While this CHIP Annual Report lists current action team members, we cannot thank enough those who participated and volunteered their time to create and guide the action plans.



Process

Four action teams created during the 2019 CHIP continue the work of the 2018 Community Health Assessment (CHA). The four action teams are Mental Health; Medical and Dental; Safe, Healthy and Affordable Housing; and Basic Needs. Action team meetings serve as an opportunity for the groups to plan, discuss progress and address barriers to team activities. Each action plan is a working document and is updated as needed by the action team. Where possible, teams are encouraged to collaborate on topics that intersect action plans.



Mental Health Action Team Members

Name	Organization
Kristin Cummins	Boone County Family Resources
Megan Steen	Burrell Behavioral Health
Janet Thompson	Boone County Commission
Tracey Bathe	City of Columbia - Public Health and Human Services
Heather Brown	Harry S Truman VA Hospital
Samantha Moog	Catholic Charities of Central and Northern Missouri
Monica Stokes	City of Columbia - Public Health and Human Services
Randall Rogers	Harry S Truman VA Hospital
Stephanie Browning	City of Columbia - Public Health and Human Services
Karen Cade	Compass Health Network
Tim Harlan	Harlan, Still & Koch
Jamie Kennedy	Aging Best
Kelley Lucero	Central Missouri Community Action
Abby Lenger	Central Missouri Community Action
Ashton Day	City of Columbia - Public Health and Human Services



Medical and Dental Action Team Members

Name	Organization
Verna Laboy	City of Columbia - Public Health and Human Services
Scott Clardy	City of Columbia - Public Health and Human Services
Michelle Shikles	City of Columbia - Public Health and Human Services
Anna Hoskins	Compass Health Network
Mary Martin	City of Columbia - Public Health and Human Services
Jack Kelly	Compass Health Network
Sabrina Weaver	Defense Against Diabetes
Dr. Chiz Usuwa	Liberty Family Medicine
Mahree Skala	Columbia/Boone County Board of Health
Kate Mirly	Boone Hospital Center
Rebecca Nowlin	Aging Best
Dr. Ashley Millham	City of Columbia - Public Health and Human Services



Safe, Healthy and Affordable Housing Action Team Members

Name	Organization
Stephanie Browning	City of Columbia - Public Health and Human Services
Diane Coffman	Missouri Department of Health and Senior Services
Rachel Delcau	Heart of Missouri United Way
Roger Dyer	Mid-Missouri Legal Services
Sarah Varvaro	City of Columbia - Public Health and Human Services
Rebecca Estes	City of Columbia - Public Health and Human Services
Kelley Lucero	Central Missouri Community Action
Michael Goldschmidt	University of Missouri - Department of Architectural Studies
Brandon Renaud	City of Columbia - Utility Department
Eric Hempel	City of Columbia - Office of Sustainability
Leigh Kottwitz	City of Columbia - Office of Neighborhood Services
Jane Williams	Love Columbia
Julie Walker	Love Columbia
Rhonda Carlson	C&C Construction
Ida Hatton	Jacobs Property Management
Lisa Turner	Missouri Inclusive Housing Corporation
Alex Koenig	City of Columbia - Utility Department
Marvin Lindsay	First Presbyterian Church
Shawna Neuner	Columbia Home Rental
Alice Leeper	Alice Leeper Real Estate
Kristen Temple	University of Missouri - Off-Campus Student Services
Brian Toohey	Columbia Board of Realtors
DJ Dometorch	Central Columbia Properties
Ryan Krueger	RTK Rentals
Laura Baker	Boone Electric Cooperative
Conrad Hake	Love Columbia



Basic Needs Action Team Members

Name	Organization
Heather Marriott	The PedNet Coalition
Ranita Norwood	Columbia Public Schools
Michelle Shikles	City of Columbia - Public Health and Human Services
Steve Hollis	City of Columbia - Public Health and Human Services
Rebecca Nowlin	Aging Best
Kari Utterback	City of Columbia - Public Health and Human Services
Billy Polansky	Columbia Center for Urban Agriculture
Jennifer Graves	True North of Columbia
Shannon Stokes	The Food Bank for Central & Northeast Missouri
Monica Stokes	City of Columbia - Public Health and Human Services
Jessica Macy	Services for Independent Living
Kelley Lucero	Central Missouri Community Action
Rebecca Estes	City of Columbia - Public Health and Human Services
Ashton Day	City of Columbia - Public Health and Human Services
Madison Anderson	Services for Independent Living
Ashlyn Sherman	City of Columbia - Community Relations Department
Mike Sokoff	City of Columbia - Public Works Department
Erin Harris	City of Columbia - Public Health and Human Services
Julie Muckerman	City of Columbia - Public Health and Human Services
Erin Friesz	Columbia Housing Authority
Shannon Hemenway	City of Columbia - Public Works Department



Mental Health

How do we create a community in which everyone's mental health needs are met?

An objective of the previous CHIP cycle (2013-2018) had a focus on youth mental health. An outcome of that objective was the successful implementation of the Look Around Campaign. The focus of the Mental Health action team for this CHIP cycle is adult mental health. The team began by researching several adult mental health campaigns from across the country. Once several campaigns were reviewed with the team, members brainstormed how materials could be tailored to Columbia/Boone County, keeping in mind the diversity of possible target populations. Ideas included campaigns during national Mental Health Month in May, at farmers markets, the library, local bookstores and interviews with local people sharing their stories about mental health. Two books about mental health were selected with events and discussion of each book scheduled to take place in March 2020. Ultimately, the events were canceled as the COVID-19 pandemic reached Boone County.

Work on mental health did not stop in Boone County during the pandemic as several local organizations provided support functions to those affected. CoMoHelps is a joint effort of Boone County, City of Columbia, Community Foundation of Central Missouri, Heart of Missouri United Way and Veterans United Foundation. CoMoHelps works with local nonprofits, community partners, and government agencies to quickly find and meet the needs of our community during the COVID-19 pandemic. Other organizations were able to switch to telehealth appointments to keep providing services to patients. A mental health program (Make Him Stay) focusing on rural males from 24 to 40 years old was also piloted in Boone County during the pandemic. During fall 2021, the team plans to review suggested books dealing with mental health, select two books and plan events around them leading up to Mental Health Awareness Month in May 2022.



Medical and Dental

How do we create a community in which everyone can achieve their optimal level of medical and dental health?

Two large changes to health care providers happened in Boone County since the Medical and Dental action team first convened. Family Health Center merged with Compass Health Network in August 2020 and Boone Hospital Center (now Boone Health) became an independent health care provider in April 2021 after more than 30 years as part of BJC HealthCare. Compass Health Network serves 45 counties across Missouri providing behavioral health, substance use, dental care, and pediatric and family medicine. Boone Health is a full-service hospital located in Columbia with a 25-county catchment area.

Data from the 2018 Community Health Assessment continues to show disparities between white residents, Black residents, and residents of other races in Boone County, particularly in chronic diseases such as heart disease, asthma, diabetes and cancer. With the success of the Live Well by Faith program, which was an outcome from the previous CHIP, the Medical and Dental action team wanted to take inventory of the number of community health workers in Boone County. [Community health workers](#) play an important role in the community as frontline health workers who, among other roles, bridge the gap between underserved communities and the health care system. Their services and interventions can be delivered through one-on-one interactions or in a group setting. The action team is interested in exploring ways to replicate Live Well by Faith in other settings in order to reduce chronic disease disparities in Columbia and Boone County.



Safe, Healthy and Affordable Housing

How do we create a community where safe, healthy and affordable housing is accessible to all?

Objectives of the Safe, Healthy and Affordable Housing action team focus on considering health and equity as part of housing-related decision making, and improving communication between property owners and tenants. Several different kinds of housing initiatives already exist in Columbia, and the action team made a conscious effort to not interfere in any ongoing programs or plans.

Three subcommittees of action team members were created to focus on each of the three objectives of the action plan: health and equity, energy efficiency, and education. The health and equity subcommittee reviewed health equity policies from around the country. Around the same time, the City of Columbia began looking into creating an Office of Equity and Inclusion which will review City policies and procedures with an equity lens. The office is anticipated to be created by 2022 with 25% of policies reviewed by 2025.

The energy efficiency subcommittee began researching and compiling information about existing resources for renters and homeowners to access energy efficiency scores. The City of Columbia Office of Sustainability is currently working with the GIS Division on ways to display utility and efficiency data on public-facing maps. Currently, City of Columbia Utilities customers can receive a free home energy audit. More than 7,500 audits have been performed since 2014, with approximately 1,300 audits on rental properties.

The education subcommittee started by reviewing existing resources available to renters. Love, INC (now Love Columbia) provided a weekly housing list, second-chance landlord list and shared their housing coaching process. Several property owners discussed the specifics of their rental agreements and how a tenant's living habits can influence utility costs. Continuing rental information was a gap identified by both property owners and renters. That is, how tenants can keep an open line of communication with property owners on issues such as old or broken appliances, rental checklists and promptly notifying the owner of anything before it becomes a major problem. Prior to the beginning of the pandemic, Boone County Community Services was working on an online resource and service guide. Housing was the first category to be completed. During the pandemic, Love Columbia kept an up-to-date information library of frequently requested resources and information such as housing, basic needs, crisis resources and support groups.



Basic Needs

How do we create a community in which everyone's basic needs are met?

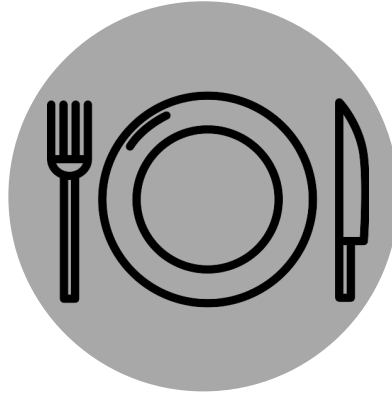
The Basic Needs action team divided into three subcommittees to work on goals and objectives. The subcommittees that formed were focused on transportation, food, and access to services and other needs.

Prior to the pandemic, the transportation subcommittee planned to create a survey and gather existing data regarding transportation barriers in Columbia. Action team members received a grant from the Centers for Disease Control and Prevention (CDC) and the National Association of City and County Health Officials (NACCHO) to address physical activity policy areas. The demonstration project was a protected bike lane near the farmers market located next to the Activity & Recreation Center (ARC). Recommendations from the pilot project have been made available to the City's Planning and Zoning Commission. During the pandemic, Go COMO Transit provided free fares to bus riders and anticipates free transit continuing during fiscal year 2022.

The food subcommittee includes several members who are also on the Boone County Food Policy Council (BCFPC). The BCFPC held a Food Fest in August 2019 with more than 450 attendees. In 2021, Boone County Food Policy Council applied for a Food and Drug Administration (FDA) grant which will fund an equitable food access review. A similar review was performed in 2018, but this potential grant and review will focus on the entire food supply chain in Boone County. Public Health and Human Services was one of eight counties in Missouri piloting the new Women, Infants and Children (WIC) eWIC card, which acts just like a debit or credit card. The card was rolled out to the entire state in 2020. As of February 2021, CoMoHelps provided nearly \$1.5 million to 40 organizations in Boone County. More than \$500,000 was spent on food services. The 2021 Summer Lunch Program, which provides free lunches for youth ages 18 and younger when school is not in session, expanded the number of sites from two to 18. The Columbia Center for Urban Agriculture and the Compass Health Network Worley Street location are partnering to pilot a program called the Produce Prescription Program beginning in August 2021.

The City of Columbia's 2021 Strategic Plan includes objectives related to achieving a functional zero level of unsheltered homeless by the winter of 2024-2025. A 24-hour, seven day per week comprehensive behavioral crisis center proposed by Burrell Behavioral Health will be built in the future.





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